

OSCE STATION No. ()

PHYSICAL EXAMINATION STATION

INSTRUCTIONS TO THE STUDENT

This 25 years old patient has **Left** Breast mass that was discovered incidentally while taking a shower 10 days ago. , not painful and no discharge per nipple.

Your task is to examine the patient's breast

- Please **provide a commentary** on what you are examining for as you go along and
 - **Describe any abnormal findings** you identify as you proceed. **What is the most likely the Diagnosis?**
 - **What are the related Investigation to reach the Diagnosis?**
-
- This is an **8 min** station; **5 min** for the student & **3 min** for the examiner for discussion.

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PHYSICAL EXAMINATION STATION

DATA TO THE EXAMINER

Please read carefully the “Instructions for the student .

The patient at this station is 25 years old patient has **LEFT** Breast mass that was discovered incidentally while taking a shower 10 days ago. , not painful and no discharge per nipple.

There is a mass in the outer lateral quadrant of the left breast, relatively mobile of about 2.5 x 1.5 cm, hard ,not tender and no bleeding per nipple which is normally everted. No palpable axillary lymph nodes., Her **Ultrasound** showed a hypoechoic left breast mass about 2.5x1.5cm. No **Cytology** or **Histopathology** yet.. No tumour marks done..

The task of the student is to examine the patient's breast doing the Following:

- Please **provide a commentary** on what you are examining for as you go along and
- **Describe any abnormal findings** you identify as you Proceed. What is the most likely the Diagnosis?
- **What are the related Investigation to reach the**

- This is an **8 min** station; **5 min** for the student & **3 min** for the examiner for discussion.

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PHYSICAL EXAMINATION STATION MARK SHEET

EXAMINER'S NAME..... STUDENT'S NAME

Please encircle the appropriate mark for each criterion.

critrion	Performed competently	Performed but not fully competent		Not performed or incompetent
Initial approach to the patient (introduces him-herself, explains what he/she will be doing)	2	1	0.5	0
Exposure & positioning of the patient	1	0.5		0
Inspection : Both breasts and Nipples , both Axillae , Supra clavicular region	3 2	1		0
Asking the patient to 1. Raise her hands above her head 2. Press her hands against the hips 3. Point to the mass	3 2	1	0.5	0
Palpation Feel with the palm of the fingers Normal breast first Whole breast , nipple & axillary tail Axillary LN , Supra clavicular region Relation to skin & muscles	4 3	2	1	0
Dignosis	2	1		0
Related Investigations: Ultrasound, Breasts FNAC, ?Tru-cut Biopsy	2	1		0
Overall approach to task including management	3	2	1	0
TOTAL (max20)				
Overall rating of station	Clear pass>12		Borderline 10-12	Clear failure<10

Name Signature..... Date.....